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The Avenues

YOUTH PROJECT

Working with the community for a positive future for young people

2018/19
Winter



AvenuesYouthProject



@avesyouth



activities for 8-18 year olds

Youth club in the heart of North West London offering a range of services and after school activities for young people and children including: Sports, Arts and Crafts, Homework Club, Reading, Games, Judo, Dance, Cooking, Radio and Recording Studio

Seniors | Juniors | Girls Group

www.avenues.org.uk



Seniors

Fridays 6.30pm-9pm



- **13-18 years**

- **Recording Studio** - Got a great voice? Got some bars you want to get on a track? You can record your own songs and make your own beats, learning from experienced music producers every week!

- **Radio Training and Shows** - Create your own show, play your favourite music, talk about what you wanna talk about, LIVE ON AIR . The avenues radio has been running for years and we're live online 24/7 - Taught by professional DJs every week!

- **Cooking Club** - Cooking delicious food every Friday that you can take home or share with your friends.

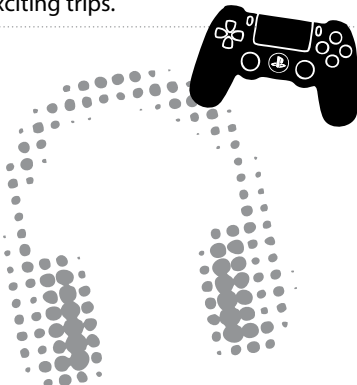
- **T-shirt designing and printing** - Create your own brand or simply design your own t-shirt.

- **Health and wellbeing workshops** - Working on a better you.

- **20 minute hot seat** - Group discussions on the topics that are important to young people.

- **Games room** - with pool, table tennis, table football, PS4 and computers.

- Plus some exciting trips.



Juniors

Wednesdays & Thursdays

3.30pm-5.30pm (term time only)



• 8-13 years

• **Multi Sports** - Girls and boys football, dodgeball, rounders and much more.

• **Cooking Club** - Cooking delicious food every week that you can take home or share with your friends.

• **Radio Training and Shows** - Learn how to create your own radio show, building new skills and confidence. Taught by professional radio DJs every week.

• **Arts and Crafts** - Lot's of fun painting, moulding, designing, with a different theme every week.

• **Reading Club** - Read at your own level, with prizes for the most improved!

• Prizes and trips for those who set the best example to their peers.

• 11-13 year olds get exclusive access to our Secondary Zone. Come along and do your homework or enjoy our games room, recording studio and workshops.



All our sessions are led by qualified Youth Workers, Tutors and Coaches that hold an enhanced DBS check. Every youth session is overseen by a member of our leadership team ensuring the high-quality delivery of our services and activities. All of our youth sessions and activities are fully accessible.

Girls Group

Tuesday 4pm-6.30pm



- **8-18 years**
- **Cooking Club** - Cooking delicious and healthy food every week that you can take home or share with your friends.
- **Dance** - Dance classes for all different skill levels. Put together your dance routine.
- **Drama** - For those with a passion for musicals and theatre.
- **Arts and Crafts** - Lot's of fun painting, moulding and designing.
- **The Chill Zone** - Enjoy some down timewith your friends.
- **Health and Wellbeing workshops** - Working on a better you.
- **Sports** - All girls sporting activities.



Weekend Boost

Saturday



- **8-15 years**
- **Homework Club** - Learning support qualified teachers are on hand to help you improve your grades. We have computers, printers and a library.
- **Beginner's Judo** - Learn the ropes and get the basics down (up to yellow belt).
- **Cooking Club** - Cooking delicious food every week that you can take home or share with your friends.
- **Workshops** - Different themes every week.
- **Amazing Trips** - Including: cinema, go-karting, adventure playgrounds.

Timetable

Day	Time	Age	Group
Monday	closed		
Tuesday	4.00-6.30	8-18	Girls Group
Wednesday	3.30-5.30	8-13	The Zone*
Thursday	3.30-5.30	8-13	The Zone*
Friday	6.30-9.00	13-18	Seniors
Saturday	1.30-4.00	8-15	W/end Boost

*The Zone: After School Club

PLUS: Don't miss...

October Half Term 2018

Monday 22nd October – 26th October 2018
10am-4pm. [Register now for FREE activities.](#)

Halloween BBQ

Friday 26th October 2018, 7-9pm

Black History Month - Activities throughout the month of October. See our website for more information www.avenues.org.uk

The Avenues

We are accredited with a Silver London Youth Quality Mark and work with hundreds of children and young people every year, ensuring they are learning, developing and having fun, whilst improving their mental health and wellbeing.

Our Mission

As a group we strive to be an inspiring and inclusive social / community centre for young people, somewhere parents know their children will be safe and secure, helping them to grow and develop important life skills. We have peer mentors and a wonderful team of staff who are committed to changing young people's lives for the better, getting them off the streets and into a place where they can grow, develop and make new friends in a positive and enriching environment.

Where to find us

We are situated in West London, Westminster close to: Queens Park, Kilburn, Kensal Rise, Harrow Road, Royal Oak, Westbourne Park, Ladbrooke Grove and Harlesden.

Additional information

Buses – 18, 28 and 228.

Trains – Queens Park on the Bakerloo line and Westbourne Park on the Hammersmith and City Line.

Membership and activities are FREE. All age appropriate children and young people are welcome.

Notes


We are a registered Charity (1090210) based in North Westminster and our aim is to offer young people living and working in the area a range of high quality, formal and informal learning and recreational opportunities.




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